Value based operating room triage during COVID-19

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# Abstract

## Background

COVID-19 has put unprecedented pressure on health care systems worldwide, leading to a strong delay, and in some cases even a complete stop in usual care, specifically surgical interventions. To optimize prioritization of surgical interventions in the current phase of upscaling usual care, and during a potential next COVID-19 peak, we develop a decision model to estimate the effects of delay of surgical interventions on health.

## Methods

A three-state Markov decision model was developed, with a preoperative state, a postoperative state, and a dead state. The model to estimate the effects of delay included the parameters pre- and postoperative survival and quality of life, treatment effect estimates, the time to ‘no-effect-of-surgery-anymore’ on survival or quality of life, and average age. Parameter values were obtained for the 35 most common ‘semi-elective’ (necessary between 72h and 2 weeks) procedures (44% of the total semi-elective programme) in our academic hospital, and were based on National registries, literature, and the global burden of disease study by the WHO. Missing data on pre- and postoperative quality of life was mapped on the WHO data by an expert panel. We investigated strategies of delaying surgery from two weeks up to a year (with intervals of 10 weeks) and no surgery at all. Health gain or loss was expressed as quality-adjusted-life years (QALY) and urgency was expressed as QALY loss per week (QALY/week).

## Results

The maximum QALYs gained varied between procedures from from 0.02 (…) to 10.3 (…). The 3 most urgent interventions were repairing an atrial septum defect (-0.022 QALY/week, 95% CI: -0.028 – -0.018), renal transplant (-0.021 QALY/week, 95% CI: -0.025 – -0.018), surgically repairing an abdominal aneurysm of the aorta (-0.021 QALY/week, 95% CI: -0.023 – -0.018). The 3 least urgent interventions were resection of high-grade glioma (-0.0041 QALY/week, 95% CI: -0.0044 – -0.0037), resection of severe head- or neck carcinoma (-0.0047 QALY/week, 95% CI: 0.0045 – 0.0037), resection of severe salivary gland carcinoma (-0.0058 QALY/week, 95% CI: 0.0070- 0.0047).

## Conclusion

The most commonly performed semi-elective surgical procedures in our hospital varied widely in loss in health when surgery was postponed. This observation can help to minimize health losses when trying to overcome the COVIC-19 delay in semi-elective surgical procedures.

## 



Figure 1, structure of the decision model. The model is a Markov model consisting of three states: a preoperative state (Preop), a postoperative state (Postop), and a the absorbing state Dead.

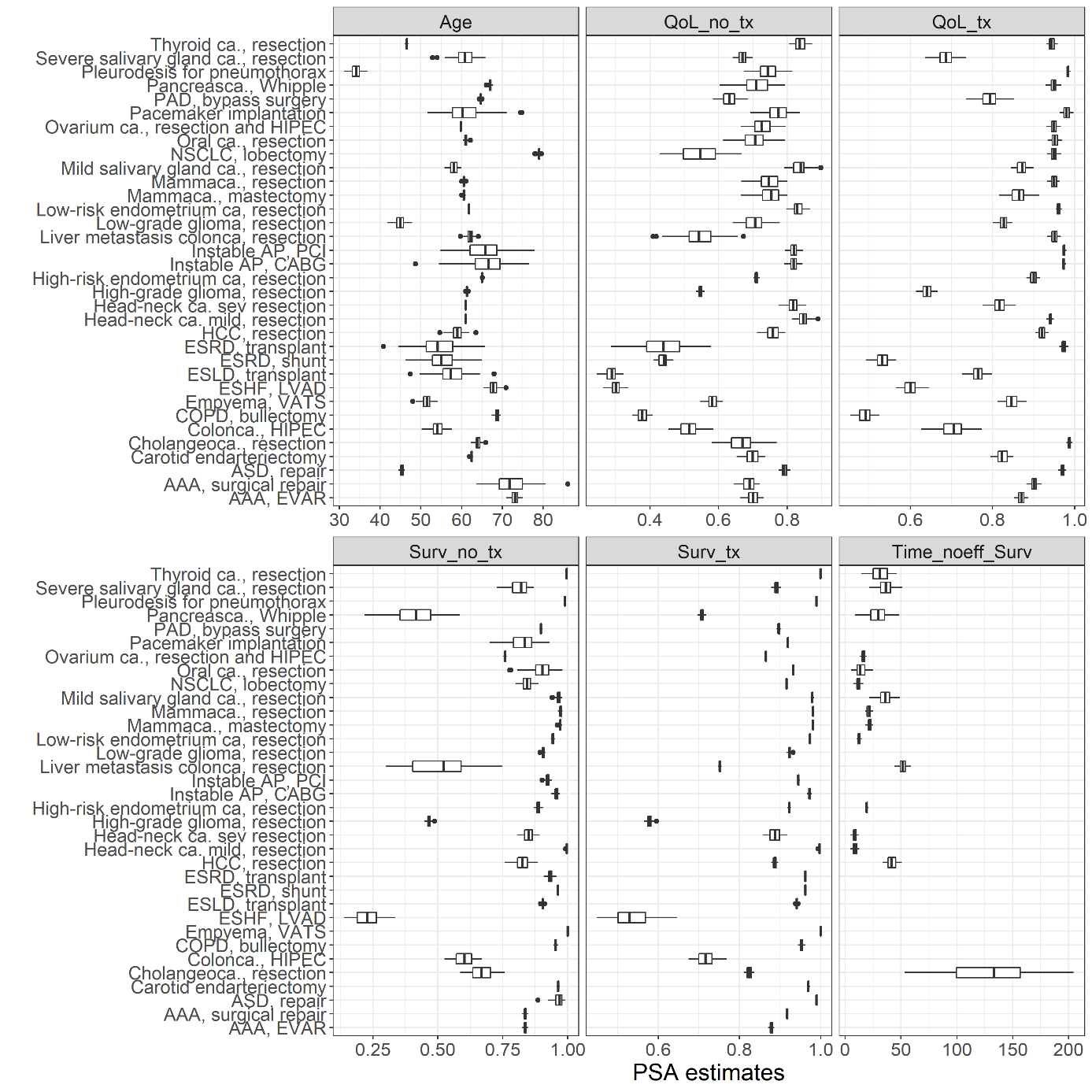


Figure 2, input parameters for the model. For a full list of input parameters per disease and source, see appendix A. Qol\_no\_tx: Quality of Life without treatment; QoL\_tx: quality of life with treatment; Surv\_no\_tx: 1-year survival probability without treatment; Surv\_tx: 1-year survival probability with treatment; Time\_noeff\_surv: days until no treatment is effective. ESRD: end-stage renal disease; ASD: atrial septum defect; VATS: video assisted thoracoscopic surgery; ESLD: end-stage liver disease; AAA: aneurysm of the abdominal aorta; AP: angina pectoris; CABG: coronary artery bypass graft; PCI: percutaneous coronary intervention; NSCLC: non-small cell lung carcinoma; EVAR: endovascular aortic repair; ca.: carcinoma; PAD: peripheral arterial disease; HCC: hepatocellular carcinoma; ESHF: end-stage heart failure; HIPEC: hyperthermic intraperitoneal chemotherapy.

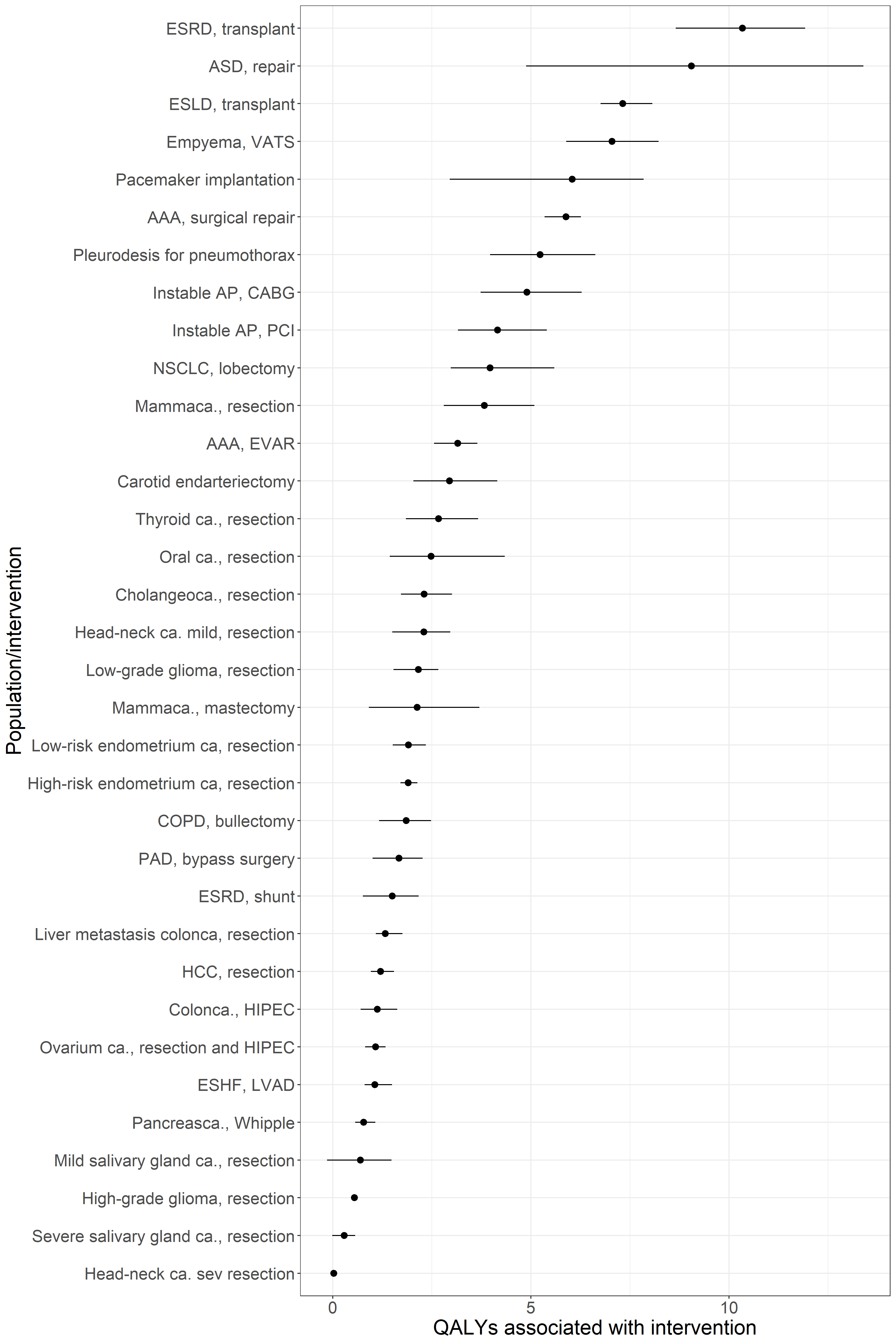


Figure 3, the maximum expected QALYs per intervention, in descending order. The estimates and 95% confidence intervals are shown. The model output for no surgery was subtracted from the model output for a delay of 2 weeks. The actual data are presented in appendix B. ESRD: end-stage renal disease; ASD: atrial septum defect; VATS: video assisted thoracoscopic surgery; ESLD: end-stage liver disease; AAA: aneurysm of the abdominal aorta; AP: angina pectoris; CABG: coronary artery bypass graft; PCI: percutaneous coronary intervention; NSCLC: non-small cell lung carcinoma; EVAR: endovascular aortic repair; ca.: carcinoma; PAD: peripheral arterial disease; HCC: hepatocellular carcinoma; ESHF: end-stage heart failure; HIPEC: hyperthermic intraperitoneal chemotherapy.

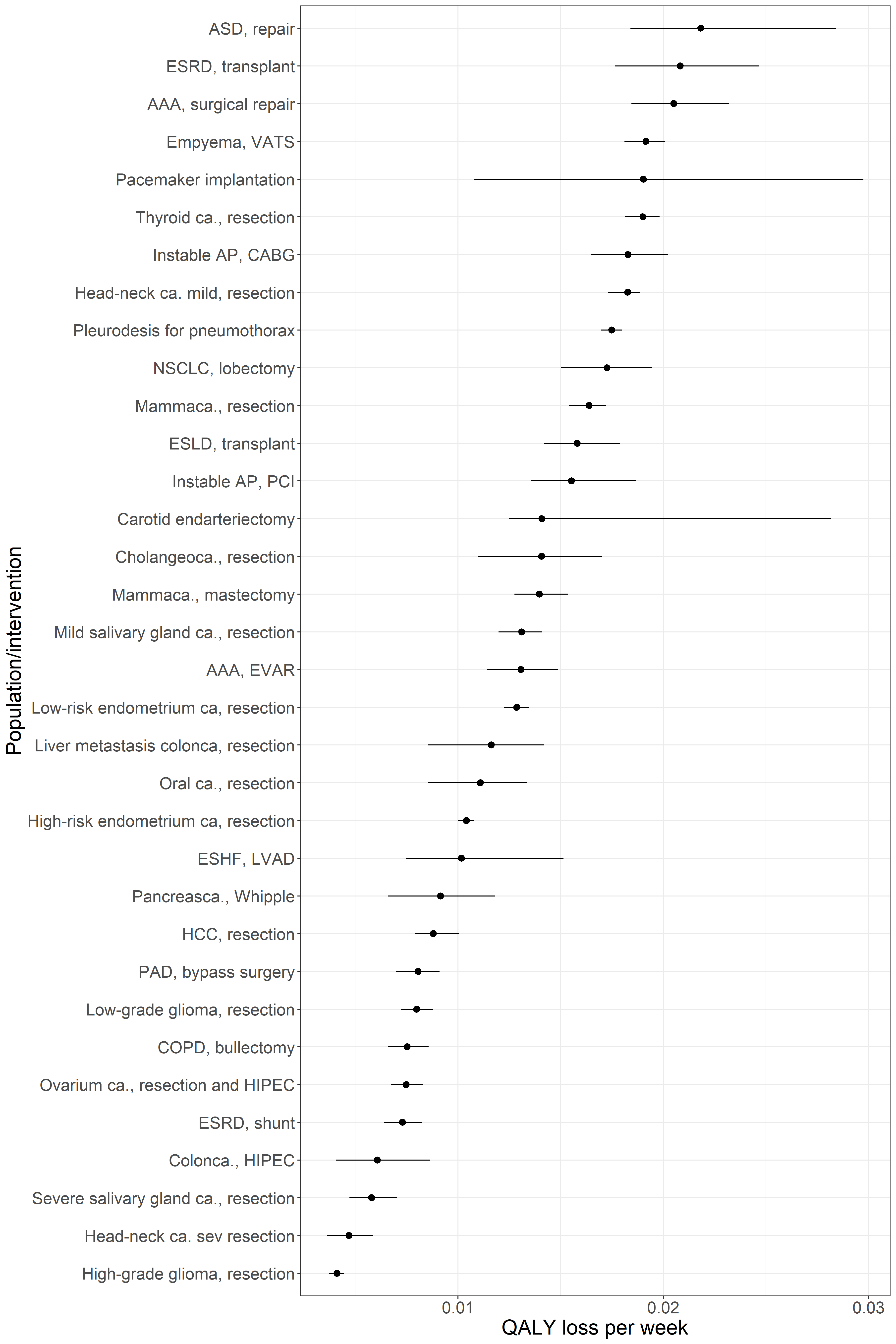


Figure 4, the loss of QALYs per week of delay for the investigated interventions. The estimates and 95% confidence intervals are shown. The actual data are presented in appendix B. ESRD: end-stage renal disease; ASD: atrial septum defect; VATS: video assisted thoracoscopic surgery; ESLD: end-stage liver disease; AAA: aneurysm of the abdominal aorta; AP: angina pectoris; CABG: coronary artery bypass graft; PCI: percutaneous coronary intervention; NSCLC: non-small cell lung carcinoma; EVAR: endovascular aortic repair; ca.: carcinoma; PAD: peripheral arterial disease; HCC: hepatocellular carcinoma; ESHF: end-stage heart failure; HIPEC: hyperthermic intraperitoneal chemotherapy.

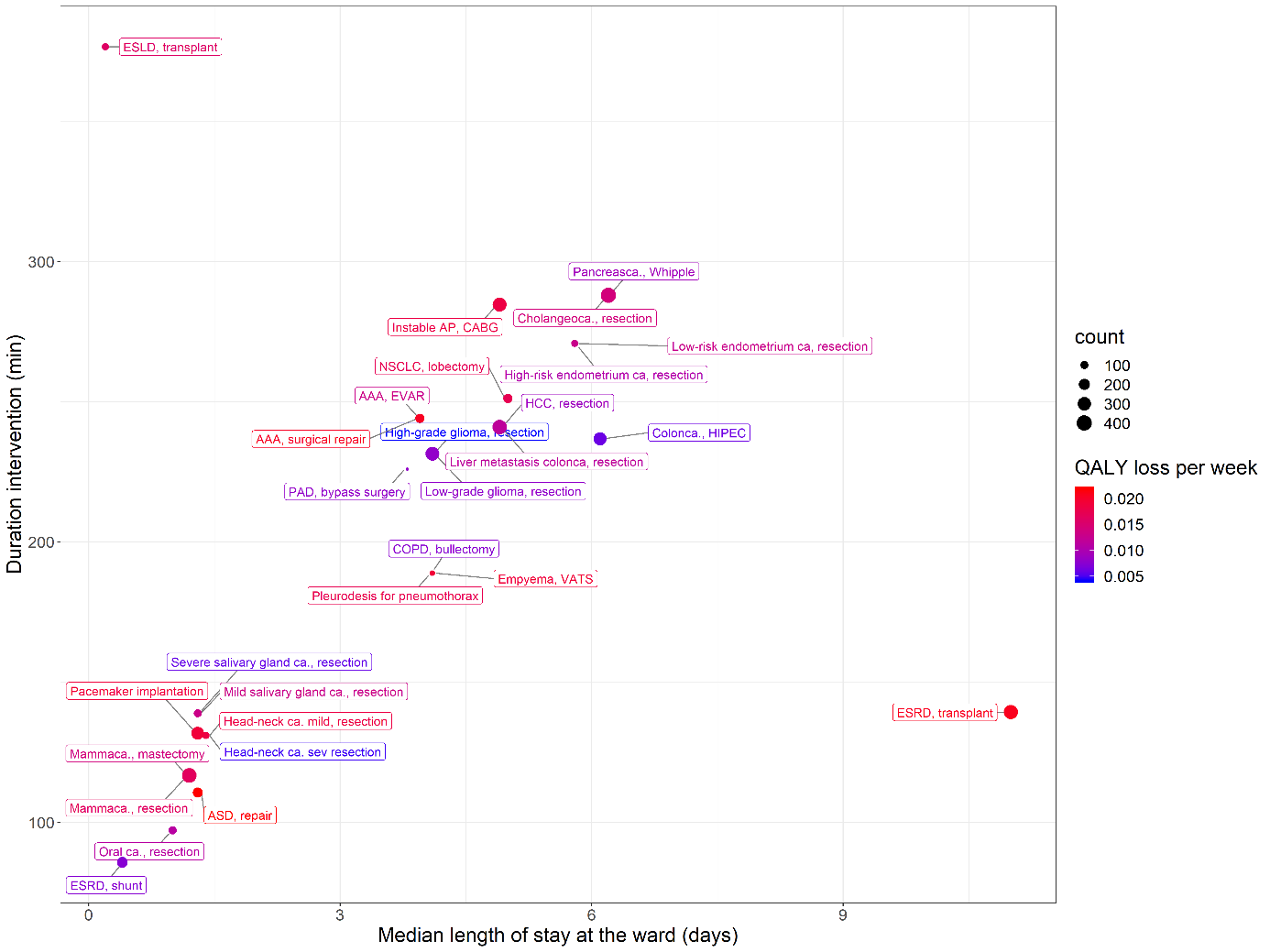


Figure 5, showing the mean duration of the intervention, the mean length of stay, and the frequency that interventions are performed in our hospital. The color coding represents their urgency in terms of QALY loss per week. The length of stay in days on the X-axis is the median length of stay within the hospital. This include both intensive care and non-intensive care stay. In Table 1, the length of stay is also showed separately for the ICU stay and non-ICU stay. ESRD: end-stage renal disease; ASD: atrial septum defect; VATS: video assisted thoracoscopic surgery; ESLD: end-stage liver disease; AAA: aneurysm of the abdominal aorta; AP: angina pectoris; CABG: coronary artery bypass graft; PCI: percutaneous coronary intervention; NSCLC: non-small cell lung carcinoma; EVAR: endovascular aortic repair; ca.: carcinoma; PAD: peripheral arterial disease; HCC: hepatocellular carcinoma; ESHF: end-stage heart failure; HIPEC: hyperthermic intraperitoneal chemotherapy.

Table 1, capacity requirements of the studied interventions in our hospital, in descending order of urgency.

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| Intervention (in descending order of urgency) | N performed since 2018 | Duration of intervention, min (IQR) | Length of stay – non-ICU, median (IQR) | Urgency, QALY loss/week (95% CI) |
| ASD, repair | 164 | 111 | 1.3 (0.6 - 1.9) | 0.022 (0.018 - 0.028) |
| ESRD, transplant | 346 | 139 | 11 (7.5 - 12.3) | 0.021 (0.018 - 0.025) |
| AAA, surgical repair | 138 | 244 | 3.95 (2.35 - 6.6) | 0.021 (0.018 - 0.023) |
| Empyema, VATS | 55 | 189 | 4.1 (3.1 - 7.2) | 0.019 (0.018 - 0.020) |
| Pacemaker implantation | 273 | 132 | 1.3 (1.1 - 2.1) | 0.019 (0.011 - 0.030) |
| Instable AP, CABG | 336 | 285 | 4.9 (3.8 - 6.4) | 0.018 (0.016 - 0.020) |
| Head-neck ca. mild, resection | 80 | 131 | 1.4 (1 - 4.1) | 0.018 (0.017 - 0.019) |
| Pleurodesis for pneumothorax | 55 | 189 | 4.1 (3.1 - 7.2) | 0.017 (0.017 - 0.018) |
| NSCLC, lobectomy | 133 | 251 | 5 (3.9 - 7.9) | 0.017 (0.015 - 0.019) |
| Mammaca., resection | 383 | 117 | 1.2 (0.4 - 2.1) | 0.016 (0.015 - 0.017) |
| ESLD, transplant | 81 | 376 | 0.2 (0.2 - 5) | 0.016 (0.014 - 0.018) |
| Cholangeoca., resection | 413 | 288 | 6.2 (0.5 - 13) | 0.014 (0.011 - 0.017) |
| Mammaca., mastectomy | 383 | 117 | 1.2 (0.4 - 2.1) | 0.014 (0.013 - 0.015) |
| Mild salivary gland ca., resection | 100 | 139 | 1.3 (1 - 3.3) | 0.013 (0.012 - 0.014) |
| AAA, EVAR | 138 | 244 | 3.95 (2.35 - 6.6) | 0.013 (0.011 - 0.015) |
| Low-risk endometrium ca, resection | 83 | 271 | 5.8 (2.9 - 6.9) | 0.013 (0.012 - 0.013) |
| Liver metastasis colonca, resection | 355 | 241 | 4.9 (1.6 - 7.6) | 0.012 (0.009 - 0.014) |
| Oral ca., resection | 103 | 97 | 1 (0.3 - 2.3) | 0.011 (0.009 - 0.013) |
| High-risk endometrium ca, resection | 83 | 271 | 5.8 (2.9 - 6.9) | 0.010 (0.010 - 0.011) |
| Pancreasca., Whipple | 413 | 288 | 6.2 (0.5 - 13) | 0.009 (0.007 - 0.012) |
| HCC, resection | 355 | 241 | 4.9 (1.6 - 7.6) | 0.009 (0.008 - 0.010) |
| PAD, bypass surgery | 43 | 226 | 3.8 (2.8 - 5) | 0.008 (0.007 - 0.009) |
| Low-grade glioma, resection | 329 | 231 | 4.1 (3.1 - 5.3) | 0.008 (0.007 - 0.009) |
| COPD, bullectomy | 55 | 189 | 4.1 (3.1 - 7.2) | 0.008 (0.007 - 0.009) |
| ESRD, shunt | 190 | 86 | 0.4 (0.3 - 1.3) | 0.007 (0.006 - 0.008) |
| Colonca., HIPEC | 283 | 237 | 6.1 (0.3 - 11.3) | 0.006 (0.004 - 0.009) |
| Severe salivary gland ca., resection | 100 | 139 | 1.3 (1 - 3.3) | 0.006 (0.005 - 0.007) |
| Head-neck ca. sev resection | 80 | 131 | 1.4 (1 - 4.1) | 0.005 (0.004 - 0.006) |
| High-grade glioma, resection | 329 | 231 | 4.1 (3.1 - 5.3) | 0.004 (0.004 - 0.004) |

## Appendix A

An overview per disease of the distribution and source of the input parameters and a graphical representation of the output of the model.

## Appendix B

A summary of the estimates of the decision model for the QALYs associated with each intervention for each strategy and the loss of QALYs per week delay.